***NOTE****: Consider using a free, online survey software to administer this survey. It’s faster and easier.*

*(e.g. Survey Monkey* [*https://www.surveymonkey.com)*](https://www.surveymonkey.com))

**SAMPLE SURVEY- BEFORE YOU START THE PROGRAM/NEW SCHOOL YEAR**

*Teacher Survey*

1. After surveying your students, in an average school week (Monday to Friday), about how many times per week do your students:
   1. Eat breakfast 1 2 3 4 5 (days per week)
   2. Skip breakfast 1 2 3 4 5 (days per week)
2. When you start your lesson in the morning, how would you rate the students’ *readiness to learn*?

**Not ready at all Very ready**

**1 2 3 4 5**

1. When you start your lesson in the morning, how would you rate the students’ *ability to focus*?

**Not focused at all Very focused**

**1 2 3 4 5**

1. During a typical school day, how would you rate the students’ level of *alertness and attentiveness*?

**Very distracted Very attentive**

**1 2 3 4 5**

1. During a typical school day, how would you rate the students’ level of *hyperactivity and impulsiveness*?

**Very active Very calm**

**1 2 3 4 5**

1. During a typical school day, how frequently do students *complain of being hungry*?

**Not very often at all Very often**

**1 2 3 4 5**

1. With the start of this new nutrition program, to what extent are you worried about…
   1. your ability to start class on time?

**Not worried at all Very worried**

**1 2 3 4 5**

* 1. the program interfering with your teaching?

**Not worried at all Very worried**

**1 2 3 4 5**